

SIGNATURE GARDEN PACKAGES

TROPICAL JAVA LULUR

turmeric & rice exfoliation

nourishing yogurt wrap

aramsa touch massage

outdoor garden bath

150mins

single | \$250 double | \$438

EXOTIC COCONUT TREAT

warm coconut oil rub

tropical coconut wrap

lavender floral exfoliation

huna huna massage

150mins

single | \$250 double | \$438

BOTANICAL ENERGY

oil-prep

orchid salt exfoliation

shiatsu focus massage

remineralizing mud therapy

150mins

single | \$280 double | \$518

MASSAGE THERAPY

RELAXING THERAPY

to calm, soothe and rest

aramsa touch

aramsa's signature massage, a fusion of eastern meridian and western classical massage techniques

60mins | \$108 90mins | \$150

swedish recharge

classical techniques designed to relax muscles, increase oxygen flow in the blood and release toxins

60mins | \$108 90mins | \$150

aroma rich

aromatic tension relief to balance the mind and body

a selection of organic body elixir oil:

inner calm, restore, attune, awaken, focus and nurture

60mins | \$128 90mins | \$170

INVIGORATING THERAPY

to refresh, stimulate and energise

inner respite

focuses on the deeper layers of muscle tissues

60mins | \$128 90mins | \$170

shiatsu focus

finger pressure massage applied to the meridian points to stimulate the body's 'ki'

60mins | \$128 90mins | \$170

huna huna

ancient art of hawaiian massage applying firm rhythmic motions

60mins | \$128 90mins | \$170

ANTI STRESS THERAPY

quick and focused

anti-stress back

relaxing massage for tensed shoulders and back

30mins | \$70

anti-stress foot

relaxing massage for foot

30mins | \$70

anti-stress scalp

relaxing massage for scalp

30mins | \$58

EXFOLIATION THERAPY

botanical glow

oil-prep

a choice of lavender floral, orchid salt or raw herbs exfoliation

60mins | \$108

green tea & wasabi

antioxidant and anti-bacterial

30mins | \$78

thermal boreh

traditional boreh scrub which cleanses the skin and detoxifies the body

30mins | \$78

DETOX THERAPY

ear candling

detoxifying ear candling

manual lymphatic drainage on face and neck

30mins | \$78

add-on to a massage (60mins and above) | \$48

navel candling

detoxifying navel candling

manual lymphatic drainage on abdomen

30mins | \$78

add-on to a massage (60mins and above) | \$48

WRAP THERAPY

all wrap therapies begin with gentle dry brushing

thermal boreh

invigorating thermal boreh body wrap which detoxifies the body

30mins | \$78

add-on to a massage (60mins and above) | \$48

herbal green clay

purifying herbal green clay body wrap which purifies the skin and nourishes the body

45mins | \$88

add-on to a massage (60mins and above) | \$58

soothing aloe vera

refreshing aloe vera gel body wrap which calms, soothes and hydrates the skin

45mins | \$88

add-on to a massage (60mins and above) | \$58

WATER THERAPY

all water therapies begin with gentle dry brushing

milk & rose

nourishing outdoor garden bath

30mins | \$78

add-on to a massage (60mins and above) | \$60

cocoa bean & vanilla

antioxidant outdoor garden bath

30mins | \$78

add-on to a massage (60mins and above) | \$60

mineral detox

detoxifying mineral garden bath soak

30mins | \$58

add-on to a massage (60mins and above) | \$40